## **DRAFT**

## RICHMOND UNIFIED LOCAL HUMAN RIGHTS COMMITTEE MINUTES SEPTEMBER 21, 2006

### **Committee Members Present:**

Londella Hamilton, Chairman Paula Futrell Jerome Lee Betty Velez Toinette Worden

#### **Affiliate Members Present:**

Mbalu K. Jah. Pleasant View Residential Michael Baker, Pleasant View Residential Katherine Siydan, Pleasant View Residential

Monica Lucas, Rion's Hope Inc.

Zakia Copeland, Family Restoration Services, LLC

Sylvia Tumn, Family Restoration Services, LLC

Lucius A. Alfurd Sr., Outreach Residential Services

Michelle Whittingham, Diversity Training

Marcia Whittingham, Diversity Training

Carolyn Palmore, Angel House, LLC

Wanda Brown, Angel House, LLC

Mykaih Davis, Angel House, LLC L. Dana Khnna, Angela House, LLC

Sebastian Symeorides, Virginia Institute for Systemic Treatment

Michelle Gestwick, It's A New Day, LLC

Kimberly C. Pettus, Inspiration House

## **Others Present:**

James O. Bowser Jr., Regional Advocate

Tevar Archer, Virginia Counseling & Community Development

Emerson Lepez, Strong Foundation Youth Initiative

Robert Ashford, Strong Foundation Youth Initiative

Donald Wheeler, Strong Foundation Youth Initiative

Elliott Cox, Youth Intervention Services

Joyce Cooke, Youth Intervention Services

Andrea R. Gregg-Martin, Family Management Counseling Group

Nicole Williams, Family Management Counseling Group

Timothy Davis, Family Management Counseling Group

Kobi Mullins, T. O. D. A. Y. S. Youth Services Aric Melton Sr., T.O. D. A. Y. S. Youth Services Dawn Cherry, T. O. D. A. Y. S. Youth Services Diona Sheffield, T.O. D. A. Y. S. Youth Services

### I. Welcome/Call to Order:

Ms. Hamilton called the meting to order.

### II. Introductions:

Everyone introduced self to group and their company.

### III. Approval of July 20, 2006 Minutes.

**Motion** was made and passed to approve minutes of July 20, 2006 meeting.

## **IV.** Requests for Affiliation:

## A. T.O.D.A.Y.S. Youth Services:

Intensive in home holistic counseling treatment for youths 6-21 years of age. They address problems of violence, gangs, sexuality, relationships, and parental needs. Child must have mental health diagnoses. Staff 1/3 ratio.

## A Motion was made and passed to approve affiliation request of T.O.D.A.Y.S. youth

### **B.** Strong Foundation Youth:

Agency provides intensive in home counseling to youth 4-21 years of age with an axis I diagnose. The focus is on academics and parents must participate. Agency can serve up to 20 from Richmond to Tidewater areas.

## A Motion was made and passed to approve affiliation request of Strong Foundation Youth.

### **C.** Youth Intervention Services:

Counseling services for children 5-21 with axis 1 diagnose. They provide minimum 5 hours weekly family systems counseling. Staff ratio is 1/4. They work with Frontier Works to provide financial counseling to families.

## A Motion was made and passed to approve affiliation request of Youth Intervention Services.

### **D.** Virginia Counseling and Community Development:

Agency provides intensive in home counseling services to youth 5-21 with axis 1 diagnose. The agency is non profit and uses behavior modification model. Ration is 1/5.

# A Motion was made and passed to approve affiliation request of Virginia Counseling and Community Development.

Mr. Bowser explained the policy and how affiliation process worked.

- 1) Policy regulations approved by staff, Office of Human Rights;
- 2) Affiliation with LHRC; and
- 3) Review of Policies & Procedures by LHRC;

## V. Human Rights Policies and Procedures Review:

## A. Pleasant View Residential

Residential group home setting that serves mild to profound MR clients. Exclusion is high medical needy, excessive behaviors such as sexual or substance abuse consumers. No restraints used such as time out or chemical and limited to 10-15 minutes. The language for policy did not fit the actual plan so revisions are needed. The revisions are 1) emergency use only 2) physical holding 3) name type of behavior treatment used 4) staff trained in model used 5) least restrictive intervention used before restraints 6) report any use of restraints.

Staff trained about rights which are reviewed with client and guardian, posted in high traffic areas and all consumers are given a written notice of rights. Information is given at admission on how to file complaints and resolve issues.

# A Motion was made and passed to accept policy with revisions to restraint policy.

### **B.** It's A New Day:

Rights are pointed out verbally and written with tour of facility first meeting. Staff is trained on rights and all restraints prohibited except in emergency only- when danger to self or others. No time out or seclusion is ever used. Pillows are used to protect consumer from hurting himself in the least restrictive atmosphere possible. Restraints used are bear hugs which allow movement by individuals. Time limit for use of restraint is up to one hour before crisis called. Recommended by committee to limit time of physical holding to 20 minutes.

## A Motion was made and passed to accept policy with new time for restraints revised.

## C. Family Maintenance Counseling:

Rights are given both verbally and written at intake. Agency has open door policy. Restraints only used in emergency and must be reported within 24 hours.

## A Motion was made and passed to accept policies

### **D.** Family Restorations:

Restraints used only in emergency when at risk to self or others. Staff trained in 7 days and must score 90 on test yearly. Rights explained at intake and services last 6 months. Rights are reviewed quarterly with clients. All complaints policy-if resolved in 5 days then informal but if not resolved by day 6 it is a formal complaint. LHRC notified with in 24 hours of all incidents.

## A Motion was made and passed to accept policy.

## VI. Next Meeting Date:

November 16, 2006

## VII. Human Rights Activities Reporting:

Human /Rights Activities Reports were received and accepted for the following providers:

Outreach Residential:

Angel House;

Diversity Training & Support Group;

Rion's Hope;

Inspiration House;

VA Institute for Systemic Treatment;

It's A New Day;

Family Maintenance Counseling;

Family Restorations:

## A Motion was made and passed to limit number of affiliates to 15 providers.

### **VIII.** New Business:

Mr. Bowser distributed the schedule for public comment on the new proposed regulations and the 3<sup>rd</sup>. edition of *Human Writes*. Mr. Bowser called attention to the *Meet the LHRC Honoree* section of the newsletter and reported that new committee member, Betty Velez, had been selected as the *Honoree* for the next edition of the newsletter.

## IX. Adjournment:

There being no further business, the meeting was adjourned at 8:25 pm.